

BEETROOT RÖSTI BRUNCH

Sunday morning never tasted so good! Our favourite beetroot rösti is the best base to a nutritious brunch - packed with flavour and so versatile. Top as you please, but we've put together a favourite suggestion of ours.

Prep time 45 minutes | Cook time 15 minutes | Serves 4

FOR THE RÖSTI:

600g fresh, raw beetroot, peeled and

coarsely grated

400g potatoes, coarsely grated

- 1 red onion, finely sliced
- 2 tablespoons olive oil
- 4 large Stonegate Estate Organic eggs, beaten
- 20000011
- 4 tablespoons plain flour
- 2 tablespoons butter
- 1 tablespoon white wine vinegar

DILL CRÈME FRAICHE:

200g organic crème fraiche (we love using

Yeo Valley)

1 generous handful of fresh dill, finely

chopped

A drizzle of olive oil

Dorset Sea Salt

Pepper

TOPPINGS:

200g smoked salmon

Stonegate Estate Organic eggs, poached

METHOD

Grate your beetroot and potato into a colander and leave to drain in the sink for 30 minutes, transfer to a clean tea towel and squeeze out any excess liquid.

Slice your onion and fry for 5 minutes until soft, add the grated veg and fry for a further 10 minutes, remove from the heat and cool slightly.

Pour the mix into a large mixing bowl, and crack in 4 eggs, along with the flour. Combine well and season.



Split the mix into 8 patties, ensuring they are uniform in size.

Heat your pan with the oil and butter, and then fry the shaped Röstis for 4-5 minutes on each side. Thoroughly cooking through and crispening the edges nicely.

Simply combine your chilled crème fraiche with chopped dill, olive oil and season to taste.

On a bed of rocket, serve the warm röstis, alongside smoked salmon, and the delicious dill crème fraiche.







nurture · nature · nourish



